

- ✚ A semi-occlusive, easy to use silicone gel sheet, used as a prophylactic therapy on healed wounds to help to prevent hypertrophic scarring and keloids¹⁻⁵



Smith+Nephew

CICA-CARE ♦
Silicone Gel Sheet

www.smith-nephew.com

Ask your pharmacist or doctor
about CICA-CARE today

More than “just a scar”

CICA-CARE Gel Sheet has been shown to fade and soften scars, which may help with anxiety and other psychological effects caused by scarring.^{3,4-10}

Over 90% of patients value improvements to scarring after surgery.¹¹

Excessive scarring can have unpleasant physical, aesthetic, psychological and social consequences.¹¹

CICA-CARE Gel Sheet has been shown to effectively reduce thickness, itchiness and coloration of raised scars.^{7,9,12,13}



CICA-CARE for scar reduction

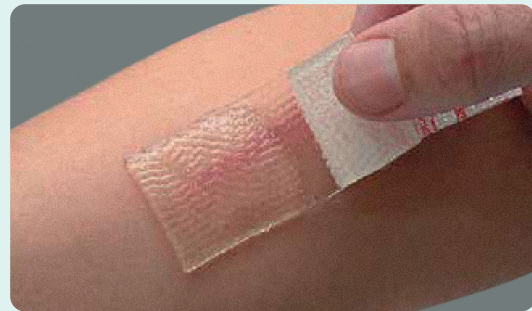
CICA-CARE Gel Sheet is designed to soften, flatten and fade red, dark or raised scars on many anatomical locations.^{2,3,7,9,12}

This includes scars resulting from^{3,9,13}

- Surgery
- Accidents
- Cuts
- Burns

CICA-CARE Gel Sheet could give you results in as little as 2 months.^{*7}

Demonstrated to be effective in the treatment and management of scars up to 30-years-old^{3,7,9,12}



*Based on a 28 patient study.

CICA-CARE Gel Sheet

S+N Code	Size	Carton
66250704	6cm x 12cm	1
66250706	12cm x 15cm	1
66250707	12cm x 15cm	10



High patient compliance.^{5,11}

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For detailed product information, including indications for use, contraindications, precautions and warnings, please consult the product's applicable Instructions for Use (IFU) prior to use.

References

1. Smith+Nephew 2018. Study to determine the semi-occlusion and adhesion of CICA-CARE Silicone Gel Sheet. Internal report. U/040/R1 v2. 2. Smith+Nephew 2018. User verification testing of usability related Design Inputs for Cica-Care Silicone Gel Sheet. Internal report. U/040/R3. 3. Smith+Nephew 2000. An Investigation of the Use of Cica-Care in the Treatment of Hypertrophic and Keloid Scars: A Clinical, Histological and Immunohistochemical Study. Internal report. STR/ST214/CT9606. 4. Smith+Nephew 2000. A Controlled Evaluation of CICA-CARE, Applied Following Suturing, in Preventing the Development of Hypertrophic Scars and Keloids Following Excision or Biopsy of Skin Lesions. Internal Report. STR/ST212/CT9604. 5. Gold MH, Foster TD, Adair MA, Burlison K, Lewis T. Prevention of Hypertrophic Scars and Keloids by the Prophylactic Use of Topical Silicone Gel Sheets Following a Surgical Procedure in an Office Setting. Dermatol Surg. 2001;27(7):641-644. 6. Donald L. Comparison of 2 Types of Silicone Gel Sheets. Australian/New Zealand Burns Association (ANZBA). 1995;14:10-11. 7. Carney SA, Cason CG, Gower JP, et al. Cica-Care Gel sheeting in the management of hypertrophic scarring. Burns. 1994;20(2):163-167. 8. Derbyshire E. Innovations in skin camouflaging techniques: Where are we scientifically? Int J Cosmet Sci. 2019;41(6):526-533. 9. Momeni M, Hafezi F, Rahbar H, Karimi H. Effects of silicone gel on burn scars. Burns. 2009;35(1):70-74. 10. Ngaage M, Agius M. The Psychology of Scars: A Mini-Review. Psychiatria Danubina. 2018;30(Suppl 7):633-638. 11. Monstrey S, Middelkoop E, Vranckx JJ, et al. Updated scar management practical guidelines: non-invasive and invasive measures. J Plast Reconstr Aesthet Surg. 2014;67(8):1017-1025. 12. Al-Mandeel MS, Bang RL, Ebrahim MK. Re-appraisal of Cica-Care (Silicone gel sheet) in the treatment of hypertrophic and keloid scars. Saudi Med J. 1998;19(6):741-745. 13. Li-Tsang CWP, Lau JCM, Choi Jenny, Chan CCC, Jianan L. A prospective randomized clinical trial to investigate the effect of silicone gel sheeting (Cica-Care) on posttraumatic hypertrophic scar among the Chinese population. Burns. 2006;32(6):678-683.