Adapt Barrier Rings

General Information

- Use to fill in or caulk uneven skin contours near the stoma to create a flatter surface
- Use to help prevent ostomy drainage from getting under the pouch seal
- Can be cut, stretched, or stacked together to improve the fit of your pouching system

Using Adapt Barrier Rings

- 1. Wash and dry your skin thoroughly
- 2. Remove the barrier ring from the plastic tray (Figure 1), then remove the protective coverings from both sides of the barrier ring (Figure 2)
- 3. Stretch and mold before applying (Figure 3). You may choose to:
 - a. Apply the barrier ring to the adhesive side of your skin barrier (Figure 4) or
 - b. Apply the barrier ring to your skin and then apply your pouching system
- 4. Stack barrier rings if needed, for an improved fit (Figure 5)
- 5. To remove, gently peel away from the skin when you change your pouching system



Remove from plastic tray



Remove both release liners



Stretch for an improved fit



Mold ring for custom fit



Stack for an improved fit

Frequently Asked Questions

How do I know which size barrier ring to use – the 2" or the 4"?

Because the rings stretch and mold so well, most people find that the 2" ring works best.

Adapt Barrier Rings

Stock No	Outer diameter
7805	2" (48 mm)
7806	4" (98 mm)



Is there a top or bottom to the barrier ring?

No, either side may be applied to your skin.

My stoma is not round. Can I still use the barrier rings? Yes, Adapt barrier rings can be easily stretched and molded for a customized fit.

I used to use paste. Are the barrier rings better than paste? There are many advantages to using Adapt barrier rings instead of paste. For some people, barrier rings are easier to apply and remove than paste. Barrier rings are more durable and tend to be more resistant to erosion from your ostomy discharge.

Can I use this if my skin is irritated?

Yes*, Adapt barrier rings are alcohol-free and should not cause pain when used on irritated skin.

Are Adapt barrier rings reimbursed by insurance?

In the US, Adapt barrier rings are typically covered by Medicare and most private insurance carriers**. The HCPCS code is A4385.

Do I need to use both the paste and barrier rings?

Most people find that the barrier rings eliminate the need for paste.



^{*} Irritated skin near the stoma should be evaluated by a qualified healthcare professional, who will help determine the cause of the skin problem and how to prevent further injury.

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